Common expressions without articles

In some common fixed expressions of place, time and movement countable nouns are normally treated as uncountables, without articles. Here are the most common expressions of this kind:

To school / at school / in school / from school To university / at university / from university (GB) To university / in university / from university (US) To / at / in / into / from church To / in / into / out of bed / prison To / at sea To / in / from town At / from home Leave home / school / university / college Start school / university / college Enter school / university / college To / in / into / out of hospital To / at / from work By car / by bus / by bicycle / by plane / by train / by boat On foot By radio / phone / letter / mail

In some cases, place nouns are used with articles. There is usually a difference of meaning. For example, when we say at the university, we are referring to the building, not to the activities going on there.

Compare:

John has to go to hospital. He has got heart problems. (as a patient.)

I went to the hospital to see James. (Here we are referring to the bricks and mortar structure.)

Notes

In American English, the words *hospital* and I are always used with articles.