Some conversational structures

I'm looking forward to

To look forward to something is to wait or hope for it, especially with pleasure. Note that this structure is followed by an -ing form or a noun.

Here are some examples:

I'm looking forward to your next visit.

I'm looking forward to hearing from you. OR I look forward to hearing from you.

I'm looking forward to meeting you. OR I look forward to meeting you.

I'm looking forward to starting my own business.

I'm looking forward to visiting Japan.

I'm looking forward to becoming a grandmother.

I'm looking forward to going on vacation.

I'm looking forward to visiting my brother in Italy.

I'll help you + (verb)

Use this structure if you are willing to provide assistance.

I'll help you with the housework.

I'll help you with the cleaning.

I'll help you with the shopping.

I'll help you with the packing.

I'll help you + verb

After I'll help you, you can use an infinitive with or without to.

I'll help you find your keys. (OR I will help you to find your keys.)

I'll help you find a better job.

I'll help you cook dinner.

I'll help you quit smoking.

In questions you can ask:

Can you help me with the housework?

Can you help me with cooking?

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Can you help me find my keys? Could you...? is even more polite.

Could you help me find my keys?