

Expressions about fear

Here are some expressions and phrases that you can use to talk about fear.

A terrifying ordeal: If something is a tarrying ordeal it is a very frightening experience

It was such a terrifying ordeal. I'm glad that it's over.

Send shivers down my spine: When something sends shivers down your spine, it terrifies you.

I watched a horror movie yesterday. Some of the scenes and the sound effects were so frightening that they sent shivers down my spine.

Give me goose bumps: Goose bumps are the little bumps that your skin gets when you are frightened or cold.

I can't watch horror films. They give me goose bumps.

Make the hairs on the back of my neck stand up

If something makes the hairs on the back of your neck stand up, they scare you.

Scare the hell out of me

If something scares the hell out of you, they frighten you.

I don't like to watch horror films because they scare the hell out of me.

Afraid or Scared – General Sentences

Fear is a universal emotion that all of us are familiar with. Here are a few sentences that you can use to talk about fear.

I get scared really easily.

I'm afraid of the dark.

I can't watch horror films. They scare me.

I had a terrifying experience last week.

I get scared when I'm at home all by myself.