Using suggest

Suggest is one of those verbs that cannot be followed by object + infinitive. Instead, we use thatclauses and -ing forms.

Father suggested consulting a financial advisor. OR Father suggested that I should consult a financial advisor. (NOT Father suggested me to consult a financial advisor.) (NOT Father suggested to consult a financial advisor.)

Although should is very common in that-clauses after suggest, it can be left out.

My Dad suggested that I learn Spanish. OR My Dad suggested that I should learn Spanish. When the verb in the main clause is in the present tense, we can use a present tense in the thatclause after suggest. When the verb in the main clause is in the past tense, a past tense is possible in the that-clause as well.

His doctor suggests that he stops smoking.

His doctor suggested that he stopped smoking.

In American English, subjunctive structures are more common after suggest. Note that a subjunctive has the same form in the present tense and the past tense. It doesn't have the -s marking in third person singular.

The doctor suggests that he stop smoking. (Subjunctive with no -s marking.) The doctor suggested that he stop smoking.

In British English, subjunctive isn't very common. Instead, British speakers use should + infinitive.

The doctor suggests that he should stop smoking. The doctor suggested that he should stop smoking. In direct suggestions that begin with I suggest..., should is not normally used.

I suggest that you get another job. (NOT I suggest that you should get another job.) If we have to put an indirect object after suggest we use the preposition to or for.

Can you suggest a good dentist to me? (NOT Can you suggest me a good dentist?)